



# May 2011

## Pivotal Wellness Newsletter

Pivotal Wellness  
 4021 S. College Ave Suite B  
 Fort Collins, CO 80525  
 970.266.0003  
[www.PivotalWellness.com](http://www.PivotalWellness.com)

Dr Brian and Dr Cathy are having a boy due in July! As we draw closer to due date be sure you check the *website or call ahead* to ensure the new arrival is not on his way!

### Mother's Day Massage Special

Buy any mother you know 3 hour massages

\$165 (Normally \$195)

Must purchase before Mother's Day

### Class Restructuring at Pivotal Wellness

The yoga room at Pivotal Wellness will now be rented out to instructors for classes and other special events. If you would like information about renting the room or class information please contact the front desk.

### Jamye yoga classes:

Thur: Intermediate Viniyoga 9:30am to 10:45am

Sat: Beginner Viniyoga 9am to 10am

\*For more information on Jamye's classes contact her at 970-556-3050


### Summer Open Adjusting Hours

- Monday: 3-6
- Tuesday: 9-12 & 3-6
- Wednesday: 9-3
- Thursday: 9-12 & 3-6
- Friday: 10-12pm

**New Patients Welcome!**  
**Call for an appointment.**



Pivotal Wellness is joining the Walk MS fundraising efforts this month in support of Erin and her family. If you would like to join the Pivotal Wellness team walking on **May 7th**, or donate to the MS Society go to [www.pivotalwellness.com](http://www.pivotalwellness.com) and check out the "MS Walk" page under the Events and Partners tab.

1 	2	3	4	5	6	7 MS Walk Edora Park 9am
8 Mother's Day	9	10	11	12	13	14
15 No Yoga	16 No Yoga	17 No Yoga	18 No Yoga	19 No Yoga	20 No Yoga	21 No Yoga
22	23	24	25	26	27	28
29	30 Memorial Day	31				