

Pivotal Wellness Newsletter

Pivotal Wellness
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From July 19-25 :

We are celebrating “*EveryBody deserves a massage*” week, this event, now in its 15th year is a time for us to offer our services to help those in need. During this week we will be donating a percentage of our sales to the National Multiple Sclerosis Society.

So treat yourself to an hour of therapeutic massage and help out the community while doing so.

The Doctor's Out!

Dr. Alan Gone	July 31st
Dr. Brian Gone	July 18th-22nd
Dr. Brian Gone	July 25th
Clara Gone	July 23-Aug 1st

Clean Eating Cleanse!

It is almost time for the fall cleanse, we are doing things a little differently due to the high demand that occurred in the spring. There will be two classes each with 10 slots available. We will be requiring payment at time of sign up to guarantee a spot.

Although we don't have specific dates, we are pretty sure that the seasons will start doing their thing in September.

If you think you might be interested please speak with Sky at the front desk.

RockerBoard Classes

Dr. Brian Hollstrom will be giving a class on the use and advantages of the rockerboard. Come find out how you can benefit from this simple yet effective tool.

Classes will take place at Pivotal Wellness on:
 July 14th and 28th from 6 pm to 7 pm.
Reserve your place now!

Essential Products for the Summertime:

Endura for the ultimate hydration!

Probiolardi. You won't want to leave home without it! It contains a probiotic that kills any parasites or flagella.

Organic Bug Spray and Sun Screen Without toxins or carcinogens!

July 2009

			1	2	3	4 Independence Day!
5	6	7	8	9	10	11
12	13	14 Rockerboard Class 6-7pm	15	16	17	18 Dr. Brian Gone
19 EVERYBODY DESERVES A MASSAGE WEEK	20 Dr. Brian Gone	21 Dr. Brian Gone	22 Dr. Brian Gone	23	24	25 Dr. Brian Gone
26	27	28 Rockerboard Class 6-7pm	29	30	31 Dr. Alan Gone	