



Newsletter

January 2011

4021 S. College Ave Suite B
 Fort Collins, CO 80525
 970.266.0003 phone
 970.266.8077 fax
 www.PivotalWellness.com

New Year Specials!

Amazing 4 Pack Deal

Regularly \$540 - Now only \$400!

*4 Initial Exams and Adjustments OR

*4 Established Patient Adjustments + Thermal Spinal Scans

AND

*4 1 Hour Massages

AND

*4 Yoga/Tai Chi Classes

Massage

Purchase 3 Massage Gift Certificates for only \$165 - Regularly \$195!

Essential Oils

Order 3 or more and receive 15% off your entire order!

Yoga & Tai Chi Classes

Special Event!

Gluten Free Class

Wednesday January 12, 2011

6:00 - 7:30 \$20 per person

Come learn how to make gluten free main dishes.
 Call Today to get registered!

Dr. Brian and Dr. Cathy Out of the Office!

January	17th
January	18th

Yoga Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8-9am Rise & Shine Yoga Kristen	8-9am Rise & Shine Yoga Kristen	8-9am Rise & Shine Yoga Kristen	9-10am Body Sculpt Julia	9-10 am Yoga George	10-11am Boot Camp Julia
9-10am Pre-Ballet 1 (Ages 3-4) Deneice	9-10am Yoga George	11-12pm Tai Chi Kurt	12-1 pm Intermediate Vini Yoga Jamyne		11-12pm Beginner Vini Yoga Jamyne
11-12 pm Pre-Ballet 2 (Ages 5-6) Deneice	4-5pm Ballet/Tap Deneice	12-1pm Yoga Victoria	5:30- 6:30 Vini Yoga Cheryl		
	5-6pm Kids Yoga Deneice	4-5pm Prenatal Yoga Cheryl			